

NBRC Lap Pool

May 1 - May 11

Swim Meet May 1st (Thursday)

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---------|--|---------------------------------|-------------------------------|-------------------------------|-------------------------------|-------------------------|------------------|
| 6:00am | Elks | | Elks | | | | |
| 6:30am | 6:00-7:30 | Lap Swim | 6:00-7:30 | Lap Swim | | | |
| 7:00am | *5 lanes | 6:00-8:00 | *5 lanes | 6:00-8:00 | Lap Swim | | |
| 7:30am | | | | | 6:00-10:00 | | |
| 8:00am | Lap Swim | H₂O Fitness | Lap Swim | H₂O Fitness | | Boulder Swimming | BAM |
| 8:30am | 7:30-10:00 | 8:00-9:00 | 7:30-10:00 | 8:00-9:00 | | 7:00-9:00 | 8:00-9:30 |
| | | *4 lanes | | *4 lanes | | *3 lanes | *2 lanes |
| 9:00am | H₂O Fitness | | H₂O Fitness | | H₂O Fitness | | BAM |
| 9:30am | 9:00-10:00 | | 9:00-10:00 | | 9:00-10:00 | Elks & BHS | 9:30-10:30 |
| | *4 lanes | | *4 lanes | | *4 lanes | 9:00-11:00 | *4 lanes |
| 10:00am | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | | |
| 10:30am | BAM | 9:00-12:00 | BAM | 9:00-12:00 | BAM | | |
| 11:00am | 10:30-11:30 | | 10:30-11:30 | | 10:30-11:30 | 11:00-11:30 *5 lanes | |
| | *3 lanes | | *3 lanes | | *3 lanes | | Lap Swim |
| 11:30am | | | | | | | 10:30-1:00 |
| 12:00pm | | BAM | | BAM | | Lap Swim | |
| 12:30pm | | 12:00-1:00 | | 12:00-1:00 | | 11:30-1:00 | |
| | | *3 lanes | | *3 lanes | | | |
| 1:00pm | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Lap Swim | Open Swim | Open Swim |
| 1:30pm | 11:30-4:00 | 1:00-4:00 | 11:30-4:00 | 1:00-3:00 | 11:30-4:00 | 1:00-4:00 | 1:00-3:00 |
| 2:00pm | | | | | | *4 lanes | *4 lanes |
| 2:30pm | | | | | | | |
| 3:00pm | | | | | | | |
| 3:30pm | | | | | | | |
| 4:00pm | BHS | BHS & Elks | BHS | Swim Meet | BHS & Elks | | Lap Swim |
| 4:30pm | 4:00-5:30 | 4:00-6:00 | 4:00-5:30 | | 4:00-5:30 | | 3:00-7:30 |
| 5:00pm | *2 lanes | *2 lanes | *2 lanes | | *2 lanes | Lap Swim | |
| 5:30pm | 5:30-6:00 *6 lanes | | 5:30-6:00 *6 lanes | | 5:30-6:00 *3 lanes | 4:00-6:30 | |
| 6:00pm | BAM & Lessons | Zumba & Diving Board | | | Lap Swim | | |
| 6:30pm | 6:00-7:00 | 6:00-6:45 | | | 6:00-7:00 | | |
| | *2 lanes | *4 lanes | | | | | |
| 7:00pm | H₂O Fit & RevRun | Barracudas | Lap Swim | Lap Swim | | | |
| 7:30pm | 7:00-8:00 | 6:45-7:45 | 7:00-9:00 | 7:00-9:00 | | | |
| | *2 lanes | *6 lanes | | | | | |
| 8:00pm | Lap Swim | Lap Swim | | | | | |
| 8:30pm | 8:00-9:00 | 7:45-9:00 | | | | | |
| 9:00pm | | | | | | | |

***Indicates # of lap lanes available to public for lap swimming**

****POOL SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME****

For more information call 303-413-7260 or go to www.boulderaquatics.org

5/5/2014